

The Melody Within

Meridian Tapping (EFT)



The human (and animal) body has natural 'energy junction' points. By stimulating certain energy points the currents flow through the body. Water is a fantastic conductive material: - the human body comprises 75% water!. EFT is acupuncture without the needles combining speech and visualization. It can be done anywhere, anytime: privately, in groups or even in public without anyone noticing!

It is a simple technique that has profound life, health and educational benefits – releasing stored anguish & facilitating behavioural changes. Why do we expect healing of whatever nature to be slow? Are we so conditioned to be 'ill'? During EFT sessions time 'stops' – working directly with the amygdala centre of the brain traumas are cleared – replaced with a belief in Self; darkness replaced with Light, anguish with peace, desperation with gratitude.

CELL RENEWAL

The cells within our body are constantly renewed. Then why do we not stay 'healed'? Could it be that the amygdala is constantly 'reloading' our new cells with 'emotion' memories of past traumas? Resulting in recurring dis-ease?

EMOTIONS AND WATER CRYSTAL STUDIES

The results of Dr Masaru Emoto's Water Crystal studies give insight to the relationship between thoughts, emotions and water. Keeping in mind that the human body comprises 75% water – it is an extraordinary illumination of a healing path we can all walk. The results of his studies give us a visual of quantum mechanics – yes we are creators! Ask yourself,

"Today, what am I creating and where am I going?"

Please see reverse for more information on:

- How EFT works
- Fees
- Contact details



Bringing Light into the Sacred Art of Healing

ORTHODOX MEDICINE JOINS FORCES WITH ALTERNATE HEALING MODALITIES

Dr Bernie Siegel MD – surgeon, author of "Love, Medicine and Miracles" and founder of ECAP – exceptional cancer patients - says he performed life saving surgery, buying time for his patients to really heal themselves.

Dr Norman Shealy. MD, PhD, Neurosurgeon, Pain Specialist and Holistic Physician says, '...Many studies have shown subtle effects of healers upon hydrogen bonding and infrared absorption of water....'

Take an active part in your own healing!

Learn how to do meridian tapping, in a safe and supportive environment.

I will witness your wounds and honour your journey. I will help you get up, but I will not help you stay there.
Carolyn Myss, PhD



Water Crystal shape after being bombarded with thoughts of "you make me sick"



Water Crystal shape after being flooded with thoughts of "gratitude and love"

The Melody Within

How does Meridian Tapping (EFT) work?

EFT is an emotional version of acupuncture except we don't use needles.

Instead, we use a simple two pronged process wherein we (1) "tune in" to specific issues while (2) stimulating certain meridian points on the body by tapping on them with our fingertips. Properly done, EFT balances any disturbances in the meridian system and thus reduces the conventional therapy procedures from months or years down to minutes or hours. Further, the process is very portable and learnable by almost everyone. Even children have produced beginner's benefits with it."

Gary Craig – Founder of EFT

Expert Opinions & Research Library

<http://www.tibbles.co>

Client Confidentiality is honoured.

Legal Disclaimer

The information presented on this brochure, is not intended to represent that EFT is used to diagnose, treat, cure, or prevent any disease or psychological disorder. EFT is not a substitute for medical or psychological treatment.

FREE 1 hr Intro workshop at client premises

EFT for Individuals – 2 hr Session

Therapy sessions at consulting room
EFT Per person 2 hrs R 650

EFT 10 Week Program – Calming & Clearing Chronic Pain / Anxiety

Therapy sessions at consulting room

Choices

One-on-one: - ONE 2hr session per week | Manual | Email & Tel support | R6000 per person | 50% payable in advance | 50% payable end of week four.

Group - 4 participants - (subject to availability)
ONE 2hr session per week | Manual | Email & Tel support | R3500 per person | 50% payable in advance | 50% payable end of week four

Distance work: - ONE 2 hr session | Manual | Email support | R850 per person | 100% payable in advance

EFT for Teachers at the school premises

Group Teacher Training at school - 5 hrs
Per Teacher R415 (minimum 4 teachers)

Prices subject to change without notice



Contact me now – take that first step!

elm@tibbles.co.za 071 – 349 3775

Eureka Morrison (known as "elm")

Certified EFT practitioner

- EFT (Emotional Freedom Technique also known as Meridian Tapping)
 - Group or Individual Therapy
 - Specialise in Calming & Clearing Chronic Pain /Anxiety (10 Week Program)
 - Free School Workshops for Teachers
 - Teacher Training

Contact Details

elm@tibbles.co.za

071 – 349 3775

<http://www.tibbles.co.za>

I will witness your wounds and honour your journey. I will help you get up, but I will not help you stay there.

Carolyn Myss, PhD